

The Rock Sports Bar & Grill



To Go Menu

Hours:

Mon Kitchen 4:00-9:00/ Bar 3:00-
Close (No lunch service)

Tues-Friday

Kitchen 11:00-2:00, & 4:00-9:00

Saturday kitchen open all day 11-9

Bar 11:00- Close

Sunday- Closed

Phone:

308-203-1800

Website:

Therocksportsbarandgrill.com

Email:

TheRock1540@charter.net



APPETIZERS

Cheese Quesadilla \$9 (Add Chix +\$2)

Chips & Salsa, or Chips & Nacho Cheese 5.95

Chips & Guacamole 7.95

Chips & Dip Trio 8.95

Battered Fried Cauliflower 7.95

French Fry Basket 6.50

Beer Batter Waffle Fry Basket 7.95

Buffalo Seasoned Rock Chips 7.50

(w/ nacho cheese)

Sweet Potato Fries 8.50

(Served w/ marshmallow cream upon request)

Fried Battered Mushrooms 8.95

Stuffed Fried Jalapeno Poppers 8.95 (5 Pieces)

Fried Wisconsin Cheese Curds (Original, or
Garlic) 8.99

Pickle Spears 7.95

Mozzarella Sticks 8.50 (5 Pieces)

Beer Battered Onion Rings 7.95

Fried Zucchini 7.95

Appetizer Sampler 13.95

Choose any 3 from above, cauliflower to Zucchini

DRESSINGS/SAUCES

House-made-Ranch, blue cheese, chipotle aioli,
raspberry chipotle, thousand island, garlic aioli,
marinara

Commercial-Italian, Dorothy Lynch (as available)

Extra dressing or sauce- Add \$1.00

SANDWICHES & DOGS

Served with fries, cole slaw, or side salad –

Sub any side- add \$1.00

Chicken Cordon Bleu 11.95

Golden fried chicken breast served with grilled ham,
swiss cheese, garlic mayo, and dijon mustard

Chicken or Turkey BLT Wrap 10.95

Artisan tortilla, choice of **crispy or grilled chicken**
breast, or **smoked turkey**, bacon, chopped lettuce,
tomato, red onion, colby-jack cheese, & house-made
ranch

Crispy Chicken Sandwich 10.50

Golden fried chicken breast on toasted brioche bun,
with house-made ranch, lettuce, tomato, onion, &
pickle (Add bacon +\$1.00)

Smoked Turkey Sandwich 9.95

Smoked turkey, garlic aioli, provolone cheese, raspberry
chipotle jam, served on grilled sourdough

BLT 9.50

Applewood smoked bacon, iceberg lettuce, sliced
tomato, & garlic aioli, on grilled sourdough

Stadium Hot Dog 9.50

½ pound, with nacho cheese, onions, and mustard on a
hoagie roll (Sauerkraut, add \$0.50)

Buffalo Chicken Sandwich 10.95

Golden fried chicken breast dipped in house made
buffalo sauce on toasted brioche, with lettuce, tomato,
onion, pickle, & house ranch

Smoked Turkey Club 10.95

Smoked turkey, garlic aioli, swiss cheese, bacon,
avocado, lettuce, red onion, on grilled sourdough

Classic Rock Reuben 11.95

House oven roasted corn beef, sauerkraut, swiss cheese,
& thousand island dressing, on toasted marble rye

Patty Melt 11.95

Grilled beef patty, caramelized onions, thousand island,
swiss cheese, on grilled sourdough

Prime French Dip 12.95

Shaved roasted prime rib, provolone cheese, on hoagie
roll, with AuJus'

Add caramelized onion- + 1.00

French Country Grilled Cheese 8.95

Italian cheese, black forest ham, tomato, & garlic aioli
on grilled sourdough

Garlic Parmesan Chicken Sandwich 12.95

Golden fried chicken breast dipped in house made garlic
butter parmesan sauce, on toasted brioche bun, with
lettuce, tomato & red onion

SALADS

Side Salad 3.95 House Salad 7.95

Mix of lettuce, tomatoes, carrots, cucumbers, red onion,
& house-made garlic croutons

**Cobb Full 15.95 Half 7.95 (Smoked turkey,
Grilled chix, or Crispy Chix)**

Lettuce, veggie mix, colby jack, bacon, egg, avocado,
blue cheese, red onion, house crouton, & choice of
dressing



R VOLCANO NACHO'S 15.95

A mountain of chips, piled high- **choose taco beef, smoked chicken or beef brisket**, black beans, mix of cheeses, grilled green chilis and jalapenos, black olives, pico de gallo, chipotle aioli, and sour cream-
Half order- 9.99

R WINGS (All Wings Deep Fried)

Bone-in **House Specialty**

4- \$7.60, 8- \$14.99, 12- \$19.99, or 16- \$24.99

Boneless Saucy Nuggets

5- \$7.50, 10- \$12.99, 15- \$17.99, 20- \$21.99

Large, deep fried, choose from Naked, Lemon Pepper, Salt & Vinegar, **Buffalo** (spicy), Mild BBQ, **Garlic parmesan**, Ranch Buffalo (spicy), Mild thai peanut, or Blue-cheese buffalo (spicy)

Garlic Parm flavor- w/minimum order of 8 or more

BURGERS

Hand-pattied, 6.5 oz fresh, never frozen, angus beef; served open faced on toasted brioche bun; **Baskets served with fries, cole slaw, or side salad** (Sub any side- add \$1.00)

Low Carb Bun Option- Add 2.00 (4 net carbs, gluten free)

The Rock Classic Hamburger 10.95

Served with lettuce, tomato, onion, pickle

Add cheese- 11.95 (American, provolone, pepper jack, swiss) **Add bacon- 12.95**

Burger Add-ons:

Cheese, Caramelized Onions- +\$1.00

Guacamole, bacon-mushroom sauce, or bacon- +\$2.00

R “The Hangover” Breakfast Burger 14.95

Garlic aioli, American cheese, hash browns, bacon, over-easy egg, and a dash of tabasco

R Rock-n-Relleno Southwest Burger 13.95

Grilled green chilis & jalapenos, pepper jack cheese, chipotle aioli

R School House Rock PB&J Burger 12.95

American cheese, peanut butter, raspberry chipotle jam
Cowboy Rock Burger 12.95

BBQ sauce, American cheese, onion rings, chipotle aioli sauce

R Rock-n-Guac Burger 14.95

Pepper jack cheese, house-made guacamole, bacon, garlic aioli, lettuce, tomato, onion

R Shroomin’ Boomer Burger 14.95

Garlic aioli, fresh bacon- mushroom sauce, swiss cheese
Add caramelized onions- Add \$1.00

R “Hudda” Brisket Burger 13.95

BBQ sauce, house-smoked brisket, American cheese, onion ring, chipotle aioli sauce

“Big Blue” Burger 13.95

Garlic aioli, bacon, swiss cheese, blue cheese crumbles, lettuce, & tomato -Add caramelized onions- add \$1.00

Rock Veggie Burger 12.95

“Beyond beef” veggie patty, garlic aioli, cheese, lettuce, tomato, onion, pickle

Super Sid-Rock Burger 20.95 3 patties, cheese, garlic aioli, bacon, dijon must, ltop, onion ring, bbq sauce

BASKETS

Rocky Mountain Oysters Basket 12.95

Fried golden brown, w/fries, & cocktail sauce

Shrimp Basket 13.95

6 large, butterflied & breaded shrimp, fries, & cole slaw, w/ tartar sauce or cocktail sauce

Chicken Tenders Basket 9.95

4 pieces, Breaded and fried chicken tenders, with fries

Fish-n-Chips Basket 11.95

3 pieces, Battered and fried cod, fries, cole slaw, & tartar sauce or cocktail sauce

Burger Add-ons: Cheese, Caramelized Onions- +\$1.00 Guacamole, bacon-mushroom sauce, or bacon- +\$2.00

KIDS MENU

(Served with fries, applesauce, or side salad)

Jr Rock Cheeseburger 6.95

Cheese Quesadilla 6.95

Chicken Quesadilla 7.95

Chicken Tenders 6.95 (2 pieces)

All Beef Hot Dog 5.95

Grilled Cheese 5.95

PANINI'S Avail weekdays lunch only

Half panini combo 7.95 (half sandwich + one side)

Sub side salad +\$1

Smoked turkey panini 10.95

Turkey, garlic aioli, provolone cheese, raspberry chipotle jam (Add bacon- + 2.00)

Prime rib & swiss panini 12.95

Shaved prime rib, garlic aioli, swiss cheese

Ham & cheese panini 9.95

Ham, swiss cheese, dijon mustard

Chicken bacon ranch panini 12.95

Grilled chix, provolone, bacon, ranch & tomato

Southwest chicken panini 12.95

Grilled green chilis & jalapenos, pico de gallo, pepper jack cheese, & chipotle aioli

Soup: (Avail Oct-April) Ask Server for soup of the day *Weekday lunch only*

Soup & House Salad Combo 8.95

Cup 3.69

Bowl 5.95



BEVERAGES 2.45 (Free refills)

Pepsi, Diet pepsi, Dr pepper, Diet Dr pepper, Sierra mist, Squirt, Unsweet tea, Sweet tea, Raspberry tea, Lemonade

Cocktails, Beer & Wine- Ask for pricing

HAPPY HOUR 3:30-6:00 PM Mon-Friday

Consumer advisory: Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of foodborne illness, especially in those with certain medical conditions



SEE OUR WEBSITE AT:

WWW.THEROCKSPORTSBARANDGRILL.COM